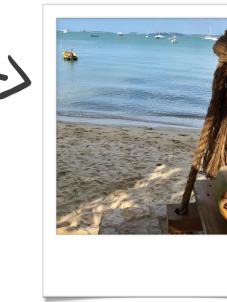
What a wonderful day ! Great weather; Perfect to enjoy fantastic seafood and refreshing drinks

Today for breakfast I had a "Kha nom jean gaeng poo:

Mild red curry with crab meat, coconut milk and Thai herbs served with rice vermicelli noodles paired with an Organic Sencha Green Tea made by **Dilmah**



Just had the best coconut drink ever !



How to make it back at home?

HOLIDAY !

Coco Dream

60 mL of coconut juice 90 mL of Vanilla Ceylon Tea (2.5 gr infused for 4 min in 220 mL of water) 1/2 stick of cinnamon 1 tbsp of Chia seeds 30 mL of Cinnamon Kombucha 10 mL of Honey

In a cocktail shaker, break the cinnamon into little pieces, add coconut Water, Vanilla tea, honey and Chia seed. Shake well and double strain into the coconut. add Kombucha at the very end. I had a light bite just after breakfast with a

Tasmanian salmon

cured in lemon tea and beetroot, with Thai herbs and green spicy sauce

I learnt a new word today: "aroy mak ma" which means "it is very good" I will be needing this often during my holidays in Thailand. The Thai food is so delicious.

what a treat that was !