

## COLD AND CHILLI



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Guli Hariyanto



Arie Yulianto

A mango, lime and yogurt soup, served deliciously chilled with a flavoursome chilli and lemongrass jelly accompanying it.

- Sub Category Name  
Food  
Main Courses
- Recipe Source Name  
Dilmah Real High Tea Global Challenge 2015

### Ingredients

#### COLD AND CHILLI

##### Chilled Soup

- 200g Mango Juice
- 100g Apple Cider
- 5g Honey
- 25g Lime Juice
- 300g Mango Puree
- 300g Plain Yoghurt
- 50g Cream

##### Jelly

- 185g Apple juice
- 10g Sugar



- 5g Lemongrass
- 1g Chilli flakes
- 10g Gelatin leaves

## **Methods and Directions**

### **COLD AND CHILLI**

#### **Chilled Soup**

- Bring mango juice, cider and honey to a boil. Add lime juice and place on ice water to cool.
- Cut mango into cubes, add to the juice and mix in a blender.
- Add yoghurt and mix well.
- Whip the cream and fold into the cold soup before serving.

#### **Jelly**

- Soak gelatin leaves in cold water, squeeze well. Bring apple juice, sugar, chilli flakes and lemongrass to a boil. Add gelatin, stir until dissolved, cool down on ice water and fill into moulds.

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