

BED TEA



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 Yam An Nie

The perfect brew of Ceylon's finest Nuwara Eliya Afternoon Tea, served warm.



- Sub Category Name
Drink
Hot Tea
- Recipe Source Name
Dilmah Real High Tea Global Challenge 2015

Used Teas



Silver Jubilee Nuwara Eliya Afternoon Tea

Ingredients

BED TEA

- 2g Nuwara Eliya Afternoon Tea Leaves



- 200ml Spring Water (98°C Temperature)

Methods and Directions

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- Add the Nuwara Eliya Afternoon tea leaves into a teapot. Follow by pouring in hot water. Stir the tea leaves and let the tea brew for 4 minutes. Stir the tea leaves again to ensure maximum flavour and aroma are extracted. Strain and serve immediately.