

## DILMAH t-SERIES THE FIRST CEYLON SOUCHONG



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 Delattre Guillaume

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Zazen draws inspiration from the Japanese word meaning “to find inner peace”. The resort in Koh Samui is dedicated to guiding its guests on a journey of tranquility, pleasure and the satisfaction of reconnection to the self. Represented by Brouck Jean-Francois & Delattre Guillaume.



- Sub Category Name  
Drink  
Hot Tea
- Recipe Source Name  
Real High Tea 2014/15 Volume 1

### Used Teas



t-Series The First  
Ceylon Souchong

### Ingredients

## DILMAH t-SERIES THE FIRST CEYLON SOUCHONG



- 1 tsp Dilmah The First Ceylon Souchong (plus 1 additional tsp for the pot)
- 220ml fresh spring water

## Methods and Directions

### **DILMAH t-SERIES THE FIRST CEYLON SOUCHONG**

- Boil water to 100°C and pour directly on to the tea in the teapot.
- Stir the tea once after 1 minute, then let the tea steep as per the brewing instructions on pack.
- Stir again after 2 minutes and 30 seconds and strain the tea at the end of the specified brewing period.
- Brew for 4 minutes to achieve a perfect result – the tea that carries a taste between smoky and oaky flavor. Note that the longer you steep tea the stronger the brew.
- Serve in a warmed teacup.