

# **Peaches & Perera Smoothie**





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- Sub Category Name Drink Smoothies
- Recipe Source Name School of Tea Workbooks
- Activities Name

  Breakfast Tea Selection

### **Used Teas**



t-Series Peach

# Ingredients

#### **Peaches & Perera Smoothie**



- 1.5l Yoghurt
- 11 strong brewed Peach tea (Chilled)
- 400g of corn flakes
- Canned pears (1 can)
- 20g of ground cinnamon

### **Methods and Directions**

#### **Peaches & Perera Smoothie**

- Blend all ingredients
- Garnish with cornflakes

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