

# Mango Strawberry Rich smoothie





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- Sub Category Name Drink Smoothies
- Recipe Source Name School of Tea Workbooks
- Activities Name

  Breakfast Tea Selection

### **Used Teas**



t-Series Mango and Strawberry

# **Ingredients**

#### Mango Strawberry Rich smoothie



- 6 strawberries
- 1 cup Vanilla ice cream
- 1 cup strong mango strawberry tea brewed strong using 2 teabags

# **Methods and Directions**

# Mango Strawberry Rich smoothie

• Blend all ingredients

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2/2