



PURE CHAMOMILE TEA



0 made it | 0 reviews



Glen Kirtley



Bree Stafford.

- Sub Category Name
Drink
Hot Tea
- Recipe Source Name
Real High Tea 2014/15 Volume 2

Used Teas



Silver Jubilee Pure
Chamomile

Ingredients

PURE CHAMOMILE TEA



- 1 tsp Dilmah Pure Chamomile Flowers for the pot
- 1 tsp Dilmah Pure Chamomile Flowers (per person)
- 220ml freshly boiled water (per person)

Methods and Directions

PURE CHAMOMILE TEA

- Place the chamomile flowers in the pot.
- Using water at 100C, fill the pot with enough water for the desired amount of cups.
- Stir the flowers once after adding water, let it brew for 4-5 minutes.
- Stir once again before serving.

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teainspired.com/dilmah-recipes 27/07/2025