



## PURE CHAMOMILE TEA



0 made it | 0 reviews



Glen Kirtley



Bree Stafford.

- Sub Category Name  
Drink  
Hot Tea
- Recipe Source Name  
Real High Tea 2014/15 Volume 2

### Used Teas



Silver Jubilee Pure  
Chamomile

### Ingredients

#### PURE CHAMOMILE TEA



- 1 tsp Dilmah Pure Chamomile Flowers for the pot
- 1 tsp Dilmah Pure Chamomile Flowers (per person)
- 220ml freshly boiled water (per person)

## **Methods and Directions**

### **PURE CHAMOMILE TEA**

- Place the chamomile flowers in the pot.
- Using water at 100C, fill the pot with enough water for the desired amount of cups.
- Stir the flowers once after adding water, let it brew for 4-5 minutes.
- Stir once again before serving.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes| Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 12/09/2025