

## PURE CHAMOMILE TEA



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- Sub Category Name

Drink

Hot Tea

- Recipe Source Name

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### Used Teas



Silver Jubilee Pure  
Chamomile

### Ingredients

#### PURE CHAMOMILE TEA

- 1 tsp Dilmah Pure Chamomile Flowers for the pot
- 1 tsp Dilmah Pure Chamomile Flowers (per person)
- 220ml freshly boiled water (per person)

## Methods and Directions

### PURE CHAMOMILE TEA

- Place the chamomile flowers in the pot.
- Using water at 100C, fill the pot with enough water for the desired amount of cups.
- Stir the flowers once after adding water, let it brew for 4-5 minutes.
- Stir once again before serving.

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