

# **ROSE & FRENCH VANILLA DELIGHT**



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- Sub Category Name Food Desserts
- Recipe Source Name Real High Tea 2014/15 Volume 2

# **Used Teas**



t-Series Rose With French Vanilla

## Ingredients

#### **ROSE & FRENCH VANILLA DELIGHT**



- 1350g sugar
- 600ml water
- 100ml glucose
- 150g cornflour
- 15 sheets of gelatin
- 100ml Dilmah Rose with French Vanilla Tea infused liquid (5 tbsp loose leaf tea and water, reduced and strained through sieve)
- Pink food colouring

### **Methods and Directions**

#### **ROSE & FRENCH VANILLA DELIGHT**

- Boil sugar, water and glucose in a wide pot till soft ball (115C; it should be nothing over 118C).
- In a separate bowl, combine cornflour, soaked gelatin, and tea infused liquid to make a paste. Add more tea infused liquid if necessary.
- When the boiling water mix reaches a soft ball stage, pour the cornflour paste into the water mixture and whisk vigorously. Add colour until it's a light to dark pink.
- Set in double wrapped linen tray and pour in mixture. Leave to set overnight.
- Once set, dust with icing sugar.

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