

## PAN FRIED LANGOUSTINE



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- Sub Category Name  
Combo  
Main Courses
- Recipe Source Name  
Real High Tea 2014/15 Volume 2

### Used Teas



t-Series Pure  
Chamomile Flowers



Natural Infusion Pure  
Camomile



Chamomile Flowers

### Ingredients

#### PAN FRIED LANGOUSTINE



## **Chicken Liver-Foie Gras Sauce**

- 215g chicken liver
- 215g foie gras
- 4 whole eggs
- 430g unsalted butter
- 2 banana shallots
- 1 clove of garlic
- Sprig of thyme
- 100ml Port
- 100ml Madeira
- 50ml Cognac
- Colour salt
- Black pepper
- Brown chicken stock, as required

## **Green Pea-Chamomile Foam**

- 500ml fresh green pea juice
- 50g fresh chamomile
- 1 whole egg
- Light olive oil
- Salt and pepper

## **Rye Bread Crumb**

- 200g rye bread
- 20g brown sugar

## **Methods and Directions**

### **PAN FRIED LANGOUSTINE**

#### **Chicken Liver-Foie Gras Sauce**

- Bring up all the ingredients to room temperature.
- Melt the butter and set aside.
- Slice and cook the shallot in oil, add the thyme and the crushed garlic. Reduce it with Port-Madeira-Cognac mix.
- Place all ingredients in Robot-Coupe; add the colour salt at the end.
- Sieve the mixture and then steam it on 90C for 25 minutes.
- Once done, melt it slowly in a pan with a few spoons of brown chicken stock. Control the seasoning at the end.



### **Green Pea-Chamomile Foam**

- Juice half a kilo of green pea, warm it up very gently until it reaches 65C.
- Add the chamomile; infuse for at least 1 hour.
- Sieve, then mix it with olive oil and the whole egg. Add salt and pepper.
- Pour the mix into an espuma gun. Use two espuma chargers.
- Shake it up properly, keep it warm.

### **Rye Bread Crumb**

- Blend rye bread with sugar and then toast it under the salamander until it's crunchy.

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