



## EARL GREY TEA-CACAO CHIBOUST



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- Sub Category Name  
Combo  
Desserts
- Recipe Source Name  
Real High Tea 2014/15 Volume 2

### Used Teas



t-Series The Original  
Earl Grey

### Ingredients

#### EARL GREY TEA-CACAO CHIBOUST



## **Black Tea-Cacao Chiboust**

- 150ml milk
- 150ml cream
- 20g Dilmah The Original Earl Grey
- 4 egg yolks
- 35g sugar
- 20g cacao powder
- 5g corn flour
- 2 gelatin leaves
- 4 egg whites
- 100g sugar
- 25g glucose

## **Chocolate Mousse**

- 4 egg yolks
- 100ml full-fat milk
- 15ml rum
- 100g sugar
- 175g 68% Congo chocolate
- 200g cream

## **Mint-Dark Chocolate Ice Cream**

- 500ml milk
- 200ml cream
- 200ml glucose
- 80g sugar
- 200g 78% Peru dark chocolate
- 80g fresh mint

## **Cacao Tuile**

- 150g icing sugar
- 50g flour
- 50g cacao
- 100g butter
- 4 egg whites

## **Methods and Directions**

### **EARL GREY TEA-CACAO CHIBOUST**



### **Black Tea-Cacao Chiboust**

- Infuse milk and cream with the Earl Grey tea for 5 minutes. Sieve, set aside.
- Whisk the yolks with 35g sugar, cacao and corn flour. Then place it in a medium saucepan with the infused milk. Cook for 3 minutes. Allow to cool.
- Whisk the egg whites with the sugar.
- Boil the glucose with a touch of water until it reaches 120C.
- Add the gelatin leaves and pour it into the egg white mixture.
- Carefully mix the two parts together.
- Store in a fridge.

### **Chocolate Mousse**

- Melt the chocolate in a large whisking bowl.
- Whisk the yolks with the sugar in a separate bowl, add the cream then cook on slow fire until it reaches 80C. Stir well and pour over the chocolate. Allow to cool.
- Whip the cream and carefully stir in the chocolate mix.
- Put it in piping bags and store in a fridge.

### **Mint-Dark Chocolate Ice Cream**

- Melt chocolate in a large bowl.
- Warm all the rest of the ingredients together, cover with cling film. Let it rest for 1 hour.
- Sieve the mix over the chocolate.
- Turn in an ice cream machine until -8C.
- Store in a metal container.

### **Cacao Tuile**

- Mix flour and cacao.
- Start whisking the sugar with the butter. Once it is creamy add the flour with cacao.
- Add the 4 egg whites. Do not whisk once the egg whites have been added in.
- Lay out on silpat as thin as possible. Bake for 8 minutes at 180C.
- Cut the Tuile with a knife while it is still warm.