



ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG



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Benjamin McManus



Volker Marecek

- Sub Category Name
Drink
Tea Shakes

- Recipe Source Name
Real High Tea 2014/15 Volume 2



Used Teas



Gourmet English Breakfast

Ingredients

ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG

- Dilmah Single Region Selection English Breakfast Tea
- Freshly boiled spring water
- Unpasteurised heavy cream
- A-grade maple syrup
- Nutmeg

Methods and Directions**ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG**

- Brew the tea using 1 tea bag per 200ml per person brewed at 95C for 3 ½ minutes.
- Pour the tea into a heated cup at the end of the specified brewing time.
- Softly whip heavy cream (unpasteurised) with 'A' grade maple syrup and float this on the tea.
- Sprinkle a fine grating of nutmeg before serving.

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