

## ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG



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- Sub Category Name  
Drink  
Tea Shakes
- Recipe Source Name  
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### Used Teas



Gourmet English  
Breakfast

### Ingredients



## **ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG**

- Dilmah Single Region Selection English Breakfast Tea
- Freshly boiled spring water
- Unpasteurised heavy cream
- A-grade maple syrup
- Nutmeg

### **Methods and Directions**

## **ENGLISH BREAKFAST TEA SERVED WITH MAPLE SYRUP CREAM AND NUTMEG**

- Brew the tea using 1 tea bag per 200ml per person brewed at 95C for 3 ½ minutes.
- Pour the tea into a heated cup at the end of the specified brewing time.
- Softly whip heavy cream (unpasteurised) with 'A' grade maple syrup and float this on the tea.
- Sprinkle a fine grating of nutmeg before serving.

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