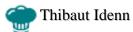


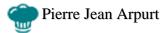
### ROLLED SEASON'S ASPARAGUS, MOREL TARTARE, QUAIL EGG AND RAW HAM CHIPS





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- Sub Category Name Food Main Courses
- Recipe Source Name Real High Tea 2014/15 Volume 2

### **Ingredients**

# ROLLED SEASON'S ASPARAGUS, MOREL TARTARE, QUAIL EGG AND RAW HAM CHIPS

#### **Rolled Asparagus**

- 3 nos. Asparagus
- 100ml Olive Oil

#### **Morel Tartare**

- 3 nos. Asparagus
- 10g Morel
- 50g Shallots



• Brown Juice

#### **Quail Egg**

• 10 nos Quail egg

#### **Raw Ham Chips**

• 50g Raw ham chips

#### **Methods and Directions**

## ROLLED SEASON'S ASPARAGUS, MOREL TARTARE, QUAIL EGG AND RAW HAM CHIPS

#### **Rolled Asparagus**

- Cut the Asparagus with the mandoline.
- Add some olive oil and salt.
- Put in the fridge and film the asparagus.

#### **Morel Tartare**

- Cut the rest of the asparagus in very small brunoise.
- Slice the shallots finely.
- In a pan, sauté the shallots and add the morels.
- Deglaze with morel juice.
- Reduce the mixture and add the veal stock.
- Cut the mushrooms into small brunoise.
- In a bowl, mix the Tartare asparagus and morels

#### **Quail Egg**

• Cook the eggs for 1 minute and 30 seconds.

#### **Raw Ham Chips**

• Bake the ham chips between two greaseproof paper slices at 180 ° C for 10min .

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