

## Herb & Spiced Smoothie



0 made it | 0 reviews



Robert Schinkel

- Sub Category Name  
Drink  
Tea Shakes  
Smoothies
- Recipe Source Name  
Dilmah t-Series Recipes
- Activities Name  
Breakfast Tea Selection
- Glass Type  
**Glass type: Short**

### Used Teas



t-Series Peppermint,  
Cinnamon and Clove

### Ingredients

#### Herb & Spiced Smoothie

- 80ml Peppermint, Cinnamon and Clove (chilled, strong brew)
- 120ml Yoghurt



- 20ml Honey
- 1 teaspoon Orange Marmalade
- Mint and Cloves for garnishing

## **Methods and Directions**

### **Herb & Spiced Smoothie**

- Add all ingredients into a blender
- Add 1 tablespoon of crushed ice and blend
- Pour into a chilled short glass
- Garnish with mint and cloves

ALL RIGHTS RESERVED © 2025 Dilmah Recipes| Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 17/09/2025