

Mango Scented Dombagastalawa Smoothie with Mango, Pineapple, and Local Curd



0 made it | 0 reviews



Peter Kuruvita

- Sub Category Name

Food

Sweets

- Recipe Source Name

Tea-inspired breakfast

Used Teas



TPR Mango Scented
Dombagastalawa
Estate

Ingredients

Mango Scented Dombagastalawa Smoothie with Mango, Pineapple, and Local Curd

- 1 cup curd (original/unsweetened)
- 1 small banana or 1/2 of a large one
- 2 clementines or 1 orange, peeled
- 1 medium ripe mango (2 cups), peeled
- 1 1/4 cups frozen pineapple chunks
- 1 Tbsp flax seeds



- 1 cup coconut water cold infused with 2 tablespoons Mango scented tea overnight

Methods and Directions

Mango Scented Dombagastalawa Smoothie with Mango, Pineapple, and Local Curd

- Blend together

ALL RIGHTS RESERVED © 2026 Dilmah Recipes| Dilmah Ceylon Tea Company PLC Printed From teainspired.com/dilmah-recipes 12/02/2026