

Iced Green Tea with Jasmine Petals and Chamomile Flowers



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Katy Brown



Benjamin Mardle

- Sub Category Name
Drink
Mocktails/Iced Tea

- Recipe Source Name
Real High Tea 2014/15 Volume 2
Dilmah Silver Jubilee

Used Teas



t-Series Pure
Chamomile Flowers

Ingredients

Iced Green Tea with Jasmine Petals and Chamomile Flowers

Chamomile Ice Cubes

- 500ml boiling water
- 2 tsp Dilmah Pure Chamomile Flowers
- Extra Chamomile flowers for garnish

Iced Tea

- 4 Dilmah Green Tea with Jasmine Petals tea bags
- 880 ml spring water, at room temperature
- J. Friend Blue Borage honey dissolved in a little hot water

Persimmon Pearls

- 1kg persimmons
- 1 cardamom pod
- 150ml apple juice
- Algin

Methods and Directions

Iced Green Tea with Jasmine Petals and Chamomile Flowers Chamomile Ice Cubes

- Infuse 2 teaspoons of chamomile flowers with boiling water for 2 minutes for a mild infusion.
- Allow to cool.
- Place a few flowers in each compartment of an ice cube tray.
- Pour over infusion and freeze.

Iced Tea

- Add tea to water and allow to brew in the fridge for 10 hours.
- Strain.

Persimmon Pearls

- Purée persimmons and cardamom and strain through a fine sieve.
- Add 3.2g of Algin per 500ml liquid and blend to dissolve and combine.
- Pour into a piping bag and leave to hang in fridge for 2 hours to allow any air to dissipate.
- Make Calcic bath by dissolving 6.4g of Calcic in 1 litre of cold water.
- Cut off the tip of the piping bag and dribble the purée into the Calcic bath. The drops will form small beads.
- Once set, remove them from the bath to avoid hardening.

Build the Drink



- Place ice cubes in a stem-less wine glass.
- Pour 100ml cold brewed tea over the ice cubes.
- Add ½ tsp of honey syrup and stir.
- Garnish with persimmon pearls

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