

Green Tea Mango Smoothie



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Tomek Malek

- Sub Category Name
Drink
Cocktails
- Recipe Source Name
Cafe Drink recipe
- Festivities Name
Autumn
Summer

Ingredients

Green Tea Mango Smoothie

- 60 ml Dilmah Green Tea with Coconut and Mango (strong brew, chilled)
- 60 ml Coconut milk
- 20 ml Maple syrup
- 1/3 Mango
- 2 Cardamom seeds
- Mango to garnish

Methods and Directions

Green Tea Mango Smoothie

- Peel mango and put it into the blender.
- Add other ingredients and blend together with a bit of crushed ice.
- Pour into the glass.
- Garnish with mango and enjoy!



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teainspired.com/dilmah-recipes 05/02/2026