

## Green Tea Mango Smoothie



0 made it | 0 reviews



Tomek Malek

- Sub Category Name  
Drink  
Cocktails
- Recipe Source Name  
Cafe Drink recipe
- Festivities Name  
Autumn  
Summer

### Ingredients

#### Green Tea Mango Smoothie

- 60 ml Dilmah Green Tea with Coconut and Mango (strong brew, chilled)
- 60 ml Coconut milk
- 20 ml Maple syrup
- 1/3 Mango
- 2 Cardamom seeds
- Mango to garnish

### Methods and Directions

#### Green Tea Mango Smoothie

- Peel mango and put it into the blender.
- Add other ingredients and blend together with a bit of crushed ice.
- Pour into the glass.
- Garnish with mango and enjoy!



ALL RIGHTS RESERVED © 2025 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 08/09/2025