

Sencha & Sour Plum With Indian Borage



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Immunity Inspired by Tea Recipes

Used Teas



Sencha

Ingredients

Sencha & Sour Plum with Indian Borage



- 1 Sour Plum
- 1 bag of Dilmah's Sencha
- A few leaves of Indian Borage
- Hot Water

Methods and Directions

Sencha & Sour Plum with Indian Borage

1. Steep the Sencha tea bag in hot water, then add the sour plum and Indian Borage leaves.
2. Serve warm.

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