



## Kimchi Tofu on torn iceberg



0 made it | 0 reviews



Simon Toohey

- Sub Category Name  
Food  
Main Courses
- Recipe Source Name  
Tea infused
- Festivities Name  
Autumn  
Spring  
Summer  
Winter

### Used Teas



Digestive Natural  
Herbal Infusion

### Ingredients

#### Kimchi Tofu on torn iceberg

- 1 Iceberg lettuce
- 20g Blanched almond
- 150g Silken tofu



- 150g Kimchi
- 2 Dilmah Digestive tea bags
- 20ml Hemp oil
- Salt and pepper

## Methods and Directions

### Kimchi Tofu on torn iceberg

- Tear the iceberg lettuce from the stem into quarters or rough shapes. Place in a bowl.
- In a blender blend the tofu and the kimchi and some salt and blitz till smooth.
- Pour liberally over the lettuce, sprinkle over the tea, blanched almonds and some hemp oil and serve up.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes| Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 04/09/2025