

Olivia Grey's



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Karol from The Immunity inspired by tea challenge



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Drink
Mocktails/Iced Tea
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Immunity Inspired by Tea Recipes
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Immunity Inspired by Tea Recipes

Ingredients

Olivia Grey's

- 1 pack of Dilmah's Earl Grey Tea
- 10g Almonds
- 10g Strawberries
- 10g Mango
- 10g Ginger

Methods and Directions

Olivia Grey's

- Earl grey tea is cold brewed for 12 hours to lower its caffeine content.
- Afterwards, add all ingredients including the almonds, strawberries, mango and ginger.



- Serve chilled.

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