

## Olivia Grey's



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Karol from The Immunity inspired by tea challenge



- Sub Category Name  
Drink  
Mocktails/Iced Tea
- Recipe Source Name  
Immunity Inspired by Tea Recipes
- Festivities Name  
Autumn  
Spring  
Summer  
Winter
- Activities Name  
Immunity Inspired by Tea Recipes

## Ingredients

### Olivia Grey's

- 1 pack of Dilmah's Earl Grey Tea
- 10g Almonds
- 10g Strawberries
- 10g Mango
- 10g Ginger

## Methods and Directions

### Olivia Grey's

- Earl grey tea is cold brewed for 12 hours to lower its caffeine content.
- Afterwards, add all ingredients including the almonds, strawberries, mango and ginger.



- Serve chilled.

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