

## Earl Greek Breakfast



0 made it | 0 reviews



Marko Valentic

- Sub Category Name  
Food  
Sweets
- Recipe Source Name  
School of Tea E-Learning User

### Used Teas



Exceptional Elegant  
Earl Grey

### Ingredients

#### Earl Greek Breakfast

- Greek Yogurt
- Fruits of your choice
- Kiwi
- Strawberries
- Apricot
- Banana
- Blueberries
- Mango
- Raspberries



- Almonds
- Honey
- Earl Grey tea
- Lemon

## Methods and Directions

### Earl Greek Breakfast

- Mix Greek yogurt with chopped pieces of tart and sweet fruit. Fruit like kiwi, strawberries or apricot should be dominant and accompanied by a smaller portion of a sweet fruit such as banana, blueberries, raspberries or mango.
- Add some blanched almonds to the mix and finally a teaspoon of honey.
- Squeeze 1/5 of lemon into your Earl Grey tea.
- Add 1 teaspoon of honey to balance it out.
- Take a sip of your Earl Grey with each your bite. The sweet and sour tastes from yoghurt, fruit and honey will blend perfectly with your strong cup of tea.

ALL RIGHTS RESERVED © 2026 Dilmah Recipes | Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 01/02/2026