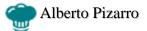


# The First Butterfly





0 made it | 0 reviews



- Sub Category Name Drink Smoothies
- Recipe Source Name Dilmah recipes
- Festivities Name Valentine's Day

#### **Used Teas**



t-Series Pure Peppermint Leaves

## **Ingredients**

#### The First Butterfly

- 20ml White chocolate syrup
- half fresh banana
- 100ml oats drink
- 100ml Dilmah Pure Peppermint Leaves Infusion



## **Methods and Directions**

## The First Butterfly

- Brew the infusion for 5 minutes (1 tea bag/200ml water) and let it chill.
- Combine all the ingredients with ice into the blender and blend until the drink reaches a smoothie texture.

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2/2