

## The First Butterfly



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Alberto Pizarro

- Sub Category Name  
Drink  
Smoothies
- Recipe Source Name  
Dilmah recipes
- Festivities Name  
Valentine's Day

## Used Teas



t-Series Pure  
Peppermint Leaves

## Ingredients

### The First Butterfly

- 20ml White chocolate syrup
- half fresh banana
- 100ml oats drink
- 100ml Dilmah Pure Peppermint Leaves Infusion



## Methods and Directions

### The First Butterfly

- Brew the infusion for 5 minutes (1 tea bag/200ml water) and let it chill.
- Combine all the ingredients with ice into the blender and blend until the drink reaches a smoothie texture.

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