

Ceylon Tea with Apple Pie and Vanilla Smoothie





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- Sub Category Name Drink Smoothies
- Recipe Source Name
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Used Teas



Vivid Ceylon Tea with Apple Pie & Vanilla

Ingredients

Ceylon Tea with Apple Pie and Vanilla Smoothie Ceylon Tea with Apple Pie and Vanilla Smoothie

- 100ml of Ceylon tea with Apple Pie and Vanilla
- 85g Plain Yoghurt
- 20ml Apple puree
- 10ml Honey
- 15g of Blueberry



Methods and Directions

Ceylon Tea with Apple Pie and Vanilla Smoothie

- Brew 4g of Ceylon Tea with Apple Pie and Vanilla 200ml of boiling water for 5 minutes.
- Strain the tea leaves.
- Pour the tea & balance ingredients into the blender and mix for 2 minutes

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