

# **Black Tea - Vege-nation**





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Very Refreshing smoothie with a vegetable aftertast

- Sub Category Name Drink Smoothies
- Recipe Source Name Elixir of Ceylon Tea Recipes
- Glass Type

Copacabana Glass

# **Used Teas**



Elixir of Ceylon Tea Black Tea

# **Ingredients**



# Black Tea - Vege-nation Black Tea - Vege-nation

- 15 ml. Black Tea
- 100 ml. Aloe Juice
- 1 piece of Ginger
- Half of a Pear
- 6 pieces of Cucumber

#### **Methods and Directions**

# Black Tea - Vege-nation

• Blend with a small scoop of a crushed ice

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