



Black Tea - Vege-nation



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Very Refreshing smoothie with a vegetable aftertast

- Sub Category Name
Drink
Smoothies
- Recipe Source Name
Elixir of Ceylon Tea Recipes
- Glass Type

Copacabana Glass

Used Teas



Elixir of Ceylon Tea
Black Tea

Ingredients



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- 15 ml. Black Tea
- 100 ml. Aloe Juice
- 1 piece of Ginger
- Half of a Pear
- 6 pieces of Cucumber

Methods and Directions

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- Blend with a small scoop of a crushed ice

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