

Banaland Smoothie



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- Sub Category Name
Drink
Mocktails/Iced Tea
- Recipe Source Name
Infusions Recipes

Used Teas



Red Rooibos
Chocolate, Turmeric,
Ginger & Almond

Ingredients

Banaland Smoothie

- 80 ml Chocolate, Turmeric, Ginger & Almond Infusion (5 minute brew, chilled)
- 80 ml Yoghurt
- 1/2 Banana
- 1 tbs almond slices
- 25 ml Honey

Methods and Directions



Banalmond Smoothie

- Add all ingredients to a blender and blend for 15 seconds
- Pour into a short
- Garnish with shaved chocolate and orange zests

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