

## Banalmond Smoothie



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- Sub Category Name  
Drink  
Mocktails/Iced Tea
- Recipe Source Name  
Infusions Recipes

### Used Teas



Red Rooibos  
Chocolate, Turmeric,  
Ginger & Almond

### Ingredients

#### Banalmond Smoothie

- 80 ml Chocolate, Turmeric, Ginger & Almond Infusion (5 minute brew, chilled)
- 80 ml Yoghurt
- 1/2 Banana
- 1 tbs almond slices
- 25 ml Honey

### Methods and Directions



### **Banalmond Smoothie**

- Add all ingredients to a blender and blend for 15 seconds
- Pour into a short
- Garnish with shaved chocolate and orange zests

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