

# **Spearman**



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- Sub Category Name
   Drink
   Mocktails/Iced Tea
- Recipe Source Name Infusions Recipes

### **Used Teas**



Green Rooibos Lemongrass & Spearmint

# **Ingredients**

## Spearman Spearman

- 100 ml Lemongrass & Spearmint Infusion (5 minute brew, chilled)
- 50 ml Mango juice
- 15 ml Honey
- 1 fresh lime squeeze



# **Methods and Directions**

### **Spearman**

- Add all ingredients to an ice-filled drinking jar
- Garnish with a mango fan and a slirig of lemongrass

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