



Energy



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- Sub Category Name Drink Hot Tea
- Recipe Source Name
 The Dilmah Book of Tea inspired Cuisine & Beverage

Ingredients

Energy

- 200ml Dilmah Watte Single Estate Somerset Estate Pekoe
- 10g Roasted Cumin Seed
- 1 piece of Jaggery

Methods and Directions

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- Brew 2g of tea with roasted cumin seed in 200ml hot water for 2 minutes.
- Strain and serve in a teacup with a piece of Jaggery.

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