

Pure Peppermint Leaves Hot-t



0 made it | 0 reviews



- Sub Category Name
Drink
Hot Tea
- Recipe Source Name
The Dilmah Book of Tea inspired Cuisine & Beverage
- Glass Type
Standard teacup or a professional tea bowl

Used Teas



t-Series Pure
Peppermint Leaves

Ingredients

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- 1 teaspoon Dilmah t-Series Pure Peppermint Leaves

Methods and Directions

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- To brew, draw fresh cold water from the kettle and bring to a boil.
- Pour the boiled water into a clean and dry white ceramic teapot containing a teaspoonful of Peppermint Leaves per person.
- Take care to use the right volume of water – 200ml per teaspoonful of Peppermint Leaves per person.
- Stir after one minute and allow to steep for a further 4 or 5 minutes before serving.
- Peppermint has a moderately strong infusion and, if desired, a dash of sugar or a teaspoon of honey would enhance the experience.

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