



## Pure Peppermint Leaves Hot-t



0 made it | 0 reviews



- Sub Category Name  
Drink  
Hot Tea
- Recipe Source Name  
The Dilmah Book of Tea inspired Cuisine & Beverage
- Glass Type  
Standard teacup or a professional tea bowl

### Used Teas



t-Series Pure  
Peppermint Leaves

### Ingredients

#### Pure Peppermint Leaves Hot-t

- 1 teaspoon Dilmah t-Series Pure Peppermint Leaves

### Methods and Directions



### **Pure Peppermint Leaves Hot-t**

- To brew, draw fresh cold water from the kettle and bring to a boil.
- Pour the boiled water into a clean and dry white ceramic teapot containing a teaspoonful of Peppermint Leaves per person.
- Take care to use the right volume of water – 200ml per teaspoonful of Peppermint Leaves per person.
- Stir after one minute and allow to steep for a further 4 or 5 minutes before serving.
- Peppermint has a moderately strong infusion and, if desired, a dash of sugar or a teaspoon of honey would enhance the experience.

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