

# Pu-Erh No.1 Hot-t





- Sub Category Name Drink Hot Tea
- Recipe Source Name The Dilmah Book of Tea inspired Cuisine & Beverage
- Glass Type Standard teacup or a professional tea bowl

## **Used Teas**



t-Series Pu-erh No. 1 Leaf Tea

## **Ingredients**

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• 1 teaspoon Dilmah t-Series Pu-erh No. 1 Leaf Tea

### **Methods and Directions**



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- Draw fresh cold water into a kettle and bring to a boil.
- Pour the boiled water into a clean and dry ceramic teapot containing a teaspoonful of tea per person.
- Take care not to use too much water as this will produce a light infusion, whilst too little could make the tea excessively strong.
- Use around 200ml of water per teaspoonful of tea.
- Stir after one minute and allow to steep for a further 2 or 3 minutes and serve.
- Do not add milk or sugar.
- If a second infusion is desired, use freshly boiled water to repeat the brew leaving the same tea leaves to infuse for approximately half a minute longer.

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2/2