

## Tangy Mintea



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- Sub Category Name  
Drink  
Mocktails/Iced Tea
- Recipe Source Name  
The Dilmah Book of Tea inspired Cuisine & Beverage
- Festivities Name  
Summer
- Activities Name  
Cleanse and Power up at Gym
- Glass Type  
Highball Glass

### Used Teas



Mint

### Ingredients

### Tangy Mintea

- 150ml Dilmah Mint Tea
- 25ml Honey
- 25ml Sour-mix (mixture of lemon/lime juice and sugar syrup)
- Mint leaves
- Lemon & Lime

### Methods and Directions

#### Tangy Mintea

- Brew the tea, strain and leave to cool.
- Muddle the fresh lemon and lime, mint leaves and honey syrup in the glass.
- Pour the tea and sour-mix into the glass and stir.

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