

Tangy Mintea





- Sub Category Name Drink Mocktails/Iced Tea
- Recipe Source Name The Dilmah Book of Tea inspired Cuisine & Beverage
- Festivities Name Summer
- Activities Name Cleanse and Power up at Gym
- Glass Type

Highball Glass

Used Teas



Mint

Ingredients



Tangy Mintea

- 150ml Dilmah Mint Tea
- 25ml Honey
- 25ml Sour-mix (mixture of lemon/lime juice and sugar syrup)
- Mint leaves
- Lemon & Lime

Methods and Directions

Tangy Mintea

- Brew the tea, strain and leave to cool.
- Muddle the fresh lemon and lime, mint leaves and honey syrup in the glass.
- Pour the tea and sour-mix into the glass and stir.

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