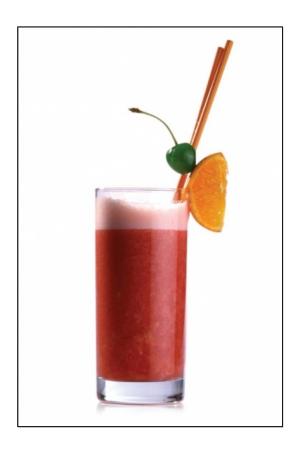


# **Smooth Green t**





- Sub Category Name Drink Mocktails/Iced Tea
- Recipe Source Name The Dilmah Book of Tea inspired Cuisine & Beverage
- Activities Name Cleanse and Power up at Gym
- Glass Type

Collins Glass

## **Used Teas**



t-Series Sencha Green Extra Special

# **Ingredients**

#### Smooth Green t



- 80ml Dilmah t-Series Sencha Green Extra Special
- 15ml Grenadine
- Banana (sliced)

## **Methods and Directions**

#### Smooth Green t

- Brew 2g of tea in 100ml of hot water for 5 minutes and strain.
- Add the ingredients with a few cubes of ice into a blender and mix for about 30 seconds.
- Pour into a Collins glass.

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