

## Mint Spritz



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- Sub Category Name  
Drink  
Mocktails/Iced Tea
- Recipe Source Name  
The Dilmah Book of Tea inspired Cuisine & Beverage
- Activities Name  
Cleanse and Power up at Gym
- Glass Type  
Collins Glass

### Used Teas



t-Series Pure  
Peppermint Leaves

### Ingredients

#### Mint Spritz



- 60ml Dilmah t-Series Pure Peppermint Leaves
- 60ml Sprite
- ¼ Lime

## Methods and Directions

### Mint Spritz

- Brew 2g of the herb in 100ml of hot water for 5 minutes and strain.
- Pour the ingredients and a few cubes of ice into a Collins glass and mix well.
- Add pieces of lime.

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