

Mint Spritz



0 made it | 0 reviews



- Sub Category Name
Drink
Mocktails/Iced Tea
- Recipe Source Name
The Dilmah Book of Tea inspired Cuisine & Beverage
- Activities Name
Cleanse and Power up at Gym
- Glass Type
Collins Glass

Used Teas



t-Series Pure
Peppermint Leaves

Ingredients

Mint Spritz



- 60ml Dilmah t-Series Pure Peppermint Leaves
- 60ml Sprite
- ¼ Lime

Methods and Directions

Mint Spritz

- Brew 2g of the herb in 100ml of hot water for 5 minutes and strain.
- Pour the ingredients and a few cubes of ice into a Collins glass and mix well.
- Add pieces of lime.

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