

## Sophia



0 made it | 0 reviews



- Sub Category Name  
Drink  
Tea Digestives
- Recipe Source Name  
Shaken not Stirred, A Handbook on Tea  
Mixology
- Festivities Name  
Winter
- Activities Name  
Tea Digestive, Pairing Tea with Sipping Spirits,  
Cigars, Chocolates and Cheese

## Used Teas



TPR Ginger and Rose  
scented  
Dombagastalawa  
Estate FBOP  
**Ingredients**

## SOPHIA

- 100 ml chilled Dilmah Teamaker's Private Reserve Ginger & Rose (5 minute brew)



- 15 ml cardamom syrup
- 1 fresh lime squeeze
- 2 dashes grapefruit bitters (optional)

## Methods and Directions

### SOPHIA

- Add all ingredients to an ice-filled mixing glass.
- Stir for 20 seconds.
- Fine-strain into a chilled coupe. Garnish with sprayed orange zest.

ALL RIGHTS RESERVED © 2025 Dilmah Recipes| Dilmah Ceylon Tea Company PLC Printed From  
[teainspired.com/dilmah-recipes](https://teainspired.com/dilmah-recipes) 11/09/2025