

## Tea Smoked Duck Breast With Decadent Foie Gras In Crispy Bean Curd Skin



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Alan Orreal

- Sub Category Name  
Food  
Main Courses
- Recipe Source Name  
The Chefs and the Tea Maker - 2014



### Ingredients

#### Tea Smoked Duck Breast With Decadent Foie Gras In Crispy Bean Curd Skin Tea Smoked Duck Breast With Decadent Foie Gras In Crispy Bean Curd Skin

- 3 pieces of duck breast
- Bean curd skin

### For Smoking

- 2g Dilmah Silver Jubilee Gourmet Black Tea with Almond
- 50g sugar
- 100g rice
- 250g foie gras
- 10g flour (for dusting the foie gras)
- Salt and pepper to taste



- 100ml Dilmah Silver Jubilee Gourmet Black Tea with Strawberry and Vanilla
- 400ml champagne
- 40ml light soy sauce
- 30ml oyster sauce
- Pinch of sugar
- Chicken jus

## **Methods and Directions**

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### **Tea Smoked Duck Breast With Decadent Foie Gras In Crispy Bean Curd Skin**

- Prep the smoker, add the duck and smoke for 25 minutes.
- Toss foie gras in seasoning and flour, pan fry and remove.
- Use pan juice to make sauce with champagne and other sauces.
- Assemble as illustrated.

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