

Minted Tea Dressing



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Food
Salads & Dressings
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The Dilmah Book of Tea inspired Cuisine & Beverage

Used Teas



t-Series Pure
Peppermint Leaves

Ingredients

Minted Tea Dressing

- 2 bags Dilmah Pure Peppermint Leaves
- 100ml White wine vinegar
- 100ml extra virgin olive oil
- 2 teaspoons Sugar
- Chopped parsley
- Salt and freshly ground pepper to taste



Methods and Directions

Minted Tea Dressing

- Warm the white wine vinegar in a teacup in a microwave for 1 minute.
- Add the Dilmah Peppermint tea bags and leave to stand for 5 minutes.
- Squeeze and discard the bags and leave it to cool.
- Combine the remaining ingredients, and pour the mixture into a screw top jar and shake well.
- Season with crushed pepper and salt.

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