



Kheer with Blueberry, Cinnamon and Clove for Dilmah



0 made it | 0 reviews



Peter Kuruvita

- Sub Category Name
Food
Desserts
Sweets
- Recipe Source Name
Dilmah t-Series Recipes

Used Teas



t-Series Natural
Infusion of Blueberry
and Clove

Ingredients

Natural infusion of Blueberry and Clove syrup
Natural infusion of Blueberry and Clove syrup

- ½ cup Water
- 100 g Cane Sugar
- 1 cup frozen blueberries
- 1 tbsp Dilmah Natural Infusion Of Blueberry And Clove
- 2 Cloves
- 2 Vanilla Beans



Kheer with Blueberry, Cinnamon and Clove for Dilmah

- 1/2 Cup Broken rice
- 1/2 Cup Palm Sugar
- 2 tablespoons Cardamom (powdered)
- 1L Coconut Milk
- 250ml Water
- 1 tablespoon Ghee
- 1/2 Cup Blueberries
- 10 Cashews
- 1 tablespoon Dilmah Natural Infusion Of Blueberry And Clove
- 1 Stick of Cinnamon

Methods and Directions

Natural infusion of Blueberry and Clove syrup

Natural infusion of Blueberry and Clove syrup

- Place all ingredients in a heavy based pan
- Bring to the boil and simmer for 5 minutes
- Remove from heat and allow to sit for 10 minutes, covered
- Remove the cloves and vanilla bean
- Place the mixture in a blender and blend till smooth
- Strain through a fine strainer, set aside till needed.

Kheer with Blueberry, Cinnamon and Clove for Dilmah

- 1/2 cup Water
- 100 g Cane Sugar
- 1 cup frozen blueberries
- 1 tbsp Dilmah Natural Infusion Of Blueberry And Clove
- 2 Cloves
- 2 Vanilla Beans